

7-NOVEMBER

GLOBAL SDS AWARENESS DAY & ACTION WEEK • NOVEMBER 1-7

ACTIONS FOR IMPACT

- Joined the SDS Alliance Mailing List and Global Network** [↗](#)
- Joined SDS-GPS to drive research** [↗](#)
- Shared info on US ICD-10 code for SDS (D61.02) with my providers** [↗](#)
- Updated my registry info and/or shared a biosample (BMB)** [↗](#)
- Learned about SDS research: SDS POPS or SDS Alliance blog** [↗](#) [↗](#)
- Shared my SDS story on social media, meetings, or blog** [↗](#)
- Shared my voice through a vocal video** [↗](#)
- Became a monthly sustainer / donor to a patient advocacy org.** [↗](#)
- Built connections with and welcomed new SDS community members** [↗](#)
- Stepped up at the Million Steps Closer annual fundraiser** [↗](#)
- Donated to or fundraised to accelerate SDS therapies** [↗](#)
- Shared SDS information on social media** [↗](#)
- Volunteered or offered my help at an SDS nonprofit** [↗](#)
- Other:**

